

## ALSO (HK) Provider Course Schedule:

### Day 1

Time	Lectures/Workstations
08:20 – 08:30	Registration
08:30 – 08:35	Welcome and Overview
08:35 – 09:00	Maternal Resuscitation
09:00 – 10:30	Case Discussion I: PET and eclampsia/ Venous thrombosis and pulmonary embolization/ Cord prolapse
10:30 – 10:45	Break
10:45 – 12:15	Workshops 1-3 <ol style="list-style-type: none"><li>1. Intrapartum Fetal Surveillance</li><li>2. Forceps and Vacuum</li><li>3. Malpresentations</li></ol>
12:15 – 13:15	Lunch
13:15 – 14:45	Workstations 1-3 (Continued)
14:45 – 16:15	Workstations 1-3 (Continued)
16:15 – 16:30	Break
16:30 – 18:00	Workstations 4-6: <ol style="list-style-type: none"><li>4. APH &amp; Preterm/ 1<sup>st</sup> trimester complication +USG</li><li>5. Shoulder Dystocia &amp; NNR</li><li>6. PPH &amp; Maternal Resuscitation</li></ol>

### Day 2

Time	Lectures/Workstations
08:20 – 08:30	Registration
08:30 – 08:55	Labor Dystocia
08:55 – 09:20	Cesarean Delivery
09:20 – 09:45	Perineal Repair
09:45 – 11:15	Workstations 4-6 (continued)
11:15 – 11:30	Break
11:30 – 12:00	Safety in maternity care
12:00 – 13:30	Workstations 4-6 (continued)
13:30 – 14:30	Lunch
14:30 – 17:30	Megadelivery & Written Examination

## ALSO (Hong Kong) Venue

Hong Kong St John Ambulance Headquarters  
St John Towers  
2 MacDonnell Road, Central  
Hong Kong

## Teaching Media

English

## ALSO (HK) Course Registration Form

Name in English: \_\_\_\_\_

Name in Chinese: \_\_\_\_\_ Title: Prof/Dr/Mr/Ms/Miss

Corresponding Address: \_\_\_\_\_

Post: \_\_\_\_\_

Hospital: \_\_\_\_\_

Department: \_\_\_\_\_

Tel No: \_\_\_\_\_ Mobile: \_\_\_\_\_

Fax No: \_\_\_\_\_ E-Mail: \_\_\_\_\_

I wish to enrol for the ALSO (Hong Kong) Provider Course (PC) to be held on:

PC on 22-23 April 2010  PC on 26-27 April 2010

PC on 28-29 April 2010

I am enclosing a cheque no. \_\_\_\_\_, of

\_\_\_\_\_ Bank totalling HK\$ 3,000.

Please make cheque payable to "Hong Kong College of Emergency Medicine"

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**DEADLINE FOR APPLICATION is 28 February 2010.**

All applications and fees must be sent to the following address:

Miss Winnie Choi, Secretary,  
The Hong Kong College of Obstetricians and Gynaecologists,  
Room 805, 8/F., HKAM Jockey Club Building,  
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

**CANCELLATION** must be made in writing before 28 March 2010 for 50% of course fee refund. Claim for refund will not be entertained after the said date. In the event of course cancellation, the full fee will be refunded.

For enquiry, please contact Miss Winnie Choi at 2871-8700.

\* Please delete as appropriate.

## ALSO (HK) Provider Course

The ALSO<sup>®</sup> Provider Course is an educational program designed for maternity care professionals including physicians, midwives, nurses and other healthcare providers to enhance the cognitive and procedural skills of managing obstetrical emergencies.

### Course Objectives:

At the completion of the provider course, the participant should be able to:

- Discuss ways of improving the management of obstetrical urgencies and emergencies which may help standardize the skills of practicing maternity care providers.
- Discuss the importance of utilizing regional maternity care services and identify possible barriers which might limit access
- Successfully complete the course written test and megadelivery testing station

### Topics highlighted in the Course:

- First Trimester Complications
- Vaginal Bleeding in Late Pregnancy
- Preterm Labor/ Premature Rupture of Membranes
- Labor Dystocia
- Safety in Maternity Care
- Pre-eclampsia and Eclampsia
- Venous Thrombosis and Pulmonary Embolization
- Neonatal Resuscitation
- Postpartum Hemorrhage and Maternal Resuscitation
- Intrapartum Fetal Surveillance
- Shoulder Dystocia
- Assisted Delivery
- Malpresentations
- Cord Prolapse
- Caesarean Delivery
- Perineal Repair
- Diagnostic Ultrasound

The ALSO<sup>®</sup> Provider Course consists of required syllabus reading, lectures and hands on workshops. Evaluation is by written examination and a skills assessment testing station.



# Advanced Life Support in Obstetrics<sup>®</sup> (Hong Kong)

ALSO<sup>®</sup> is an educational program owned by the **American Academy of Family Physicians** and designed primarily for maternity care providers, including doctors, nurses, and midwives.

### Provider Course

- *Thursday & Friday, 22-23 April 2010*
- *Monday & Tuesday, 26-27 April 2010*
- *Wednesday & Thursday, 28-29 April 2010*

**ALSO (Hong Kong) is organized by**



**Hong Kong College of Emergency Medicine &  
The Hong Kong College of Obstetricians & Gynaecologists**

## ALSO<sup>®</sup> History and Development

The Advanced Life Support in Obstetrics<sup>®</sup> (ALSO<sup>®</sup>) was developed in 1991 by the University of Wisconsin. ALSO<sup>®</sup> has continued since 1993 under the ownership and leadership of the American Academy of Family Physicians (AAFP).

This educational program consists of two components, namely a 2-day Provider Course and a 1-day Instructor Course.

The Provider Course is designed to assist healthcare professionals in developing and maintaining the knowledge and skills needed to effectively manage the emergencies which arise in obstetrics.

The AAFP believes that by providing for the program's continued development and management, the patient will ultimately benefit from a more standardized, coordinated, collegial provision of maternity care throughout the world.

The Instructor Course is designed for training Instructors to teach the Provider Course. It is focused on educational theory and how to teach.

### ALSO<sup>®</sup> Overall Goals:

- Assist maternity care providers in developing and maintaining the knowledge and skill needed to effectively manage problems which may arise in obstetrics.
- Provide widely disseminated educational courses, presented by local faculty in their own communities, that can help standardize emergency obstetrical procedures.
- Facilitate productive, collegial interaction and coordination of care between all maternity care providers.

### Course Disclaimer

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the faculty which may be helpful to others who face similar situations.

**\*More information about ALSO and MCQ self-assessment tool can be accessed at <http://www/aafp.org/x23970.xml>**